

A nighttime photograph of the Panama City skyline, featuring numerous illuminated skyscrapers and a body of water in the foreground with several boats. The text "PANAMA CITY" is overlaid in large white letters across the middle of the image.

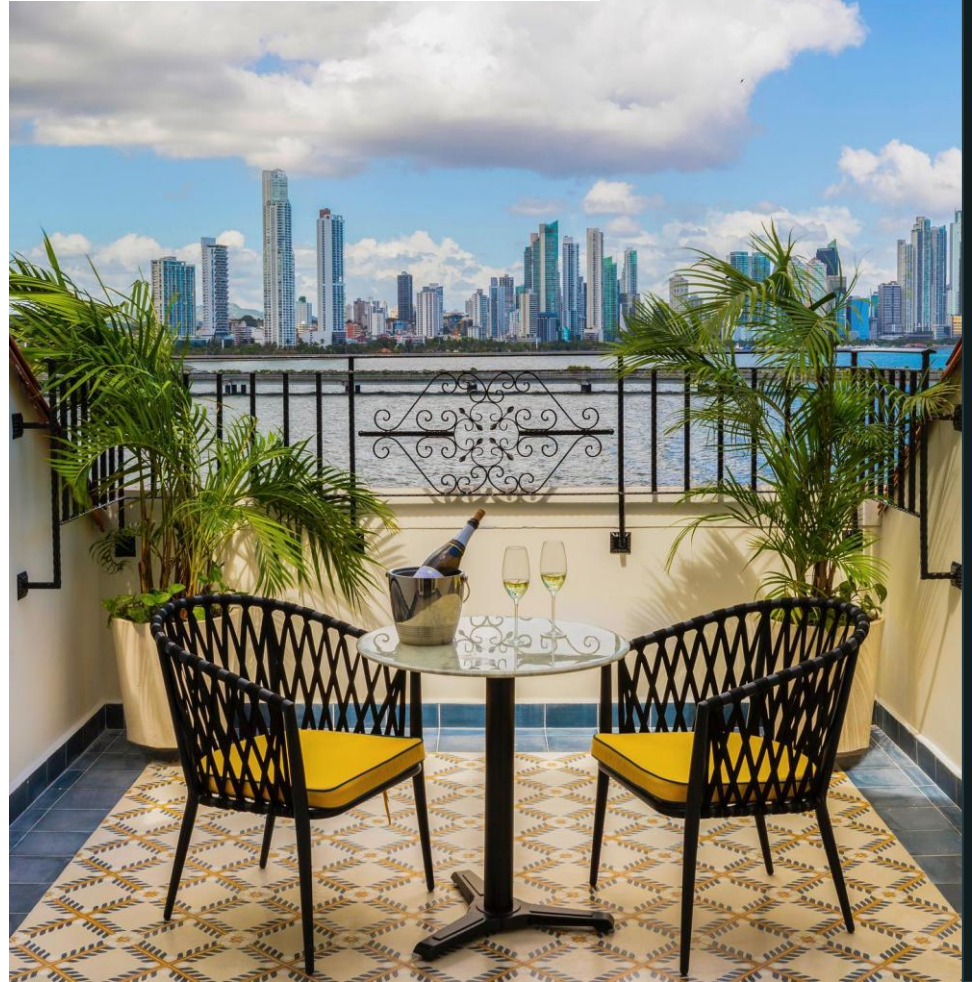
# PANAMA CITY

EXPERIENCE PORTFOLIO

Nestled between the Pacific Ocean and lush greenery, Panama City pulsates with energy, inviting explorers to dive into a world where the past and present collide.

Our Panama City Experience Portfolio offers a curated selection of immersive journeys designed to redefine exploration in this dynamic city. Delve into exclusive private tours at the Miraflores Locks, where dozens of colossal ships queue, waiting to navigate through the engineering marvels of the Panama Canal. Wander through the historic Casco Viejo, where ancient cobblestones whisper tales of centuries past and vibrant street art breathes life into every corner. Embark on an exquisite gastronomic journey to savor the seamless fusion of traditional Panamanian flavors with global influences. Wake up early and embark on a captivating avian safari through Gamboa rainforest, a World-renowned bird-watching spot and witness nature's spectacular morning symphony come to life. Join us in capturing the essence of Panama City through extraordinary experiences that embrace the country's rich culture and diverse landscape.

# PANAMA CITY



PANAMA CITY EXPERIENCES





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Caribbean Sea  
(East Coast)

**Panama**

Pacific Ocean  
(West Coast)

# PANAMA

1. Panama City

# PANAMA CANAL ENGINEERING MARVELS



Delve into the operational intricacies of the Miraflores Locks on an exclusive private tour, providing access to restricted areas. Step onto the canal's platforms and enter control cabins, immersing yourself in the heart of the canal's operations. A seasoned professional from the Panama Canal Authority will guide you, offering captivating insights into the canal's historical significance and technological marvels.

An unforgettable backstage experience, where you'll gain a deeper understanding of the Panama Canal's innovations and global importance.

PANAMA CANAL ENGINEERING MARVELS



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Led by a seasoned professional from the Panama Canal Authority, this exclusive experience invites you to explore the operational intricacies of the Miraflores Locks Visitor Center through an immersive exploration of its four exhibition rooms. Equipped with state-of-the-art hearing aids, you'll receive detailed and fascinating explanations about the inner workings of this engineering marvel, bringing to life the incredible feats that make the Panama Canal a global wonder. Your private visit extends beyond the ordinary, providing access to areas typically off-limits to regular visitors. Step onto canal platforms, immersing yourself in the heart of the canal's operations. Surrounded by the hum of machinery and the orchestration of maritime traffic, you'll traverse these exclusive spaces while your guide shares captivating insights into the historical significance, technological advancements, and ongoing importance of the Panama Canal.

**Included:** Transportation from/to Panama City and English-speaking guide.

**Duration:** 5 hours

**What to Bring:** Hiking shoes, comfortable clothes, bathing suit, towel, insect repellent, sunscreen, sunglasses, hat, and camera.

# PANAMA AUTHENTIC FLAVORS

Discover the authentic flavors of Panama on a captivating journey that chronicles the country's rich and diverse gastronomic heritage. From indigenous fruits to highland produce in Chiriquí, the tireless fishermen at sea, and the world-renowned Geisha coffee, this experience weaves a tapestry of flavors that define Panama's culture. With cocoa from Bocas del Toro, Panamanian rum from the sugarcane-rich central provinces, and much more, you'll savor the essence of Panama's food traditions and the hands behind these delectable offerings, each contributing to the nation's cultural mosaic.



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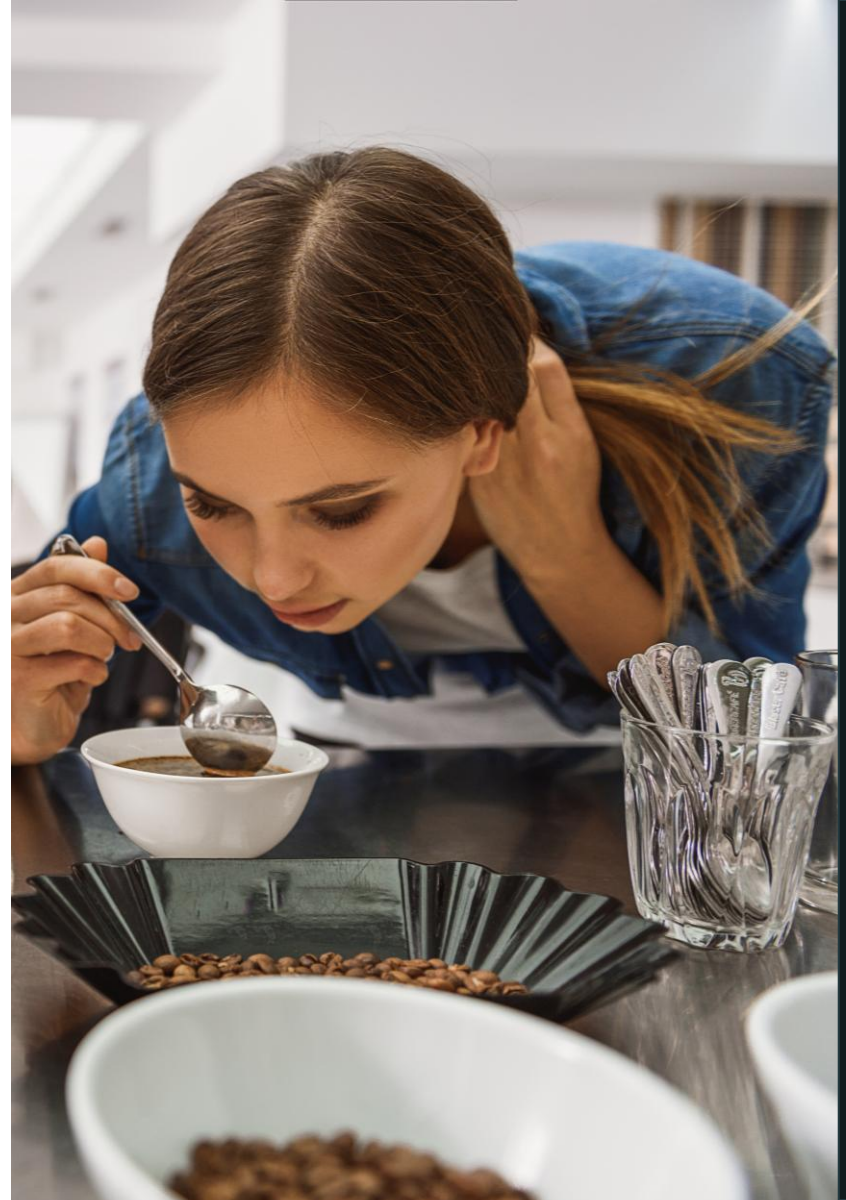


Join us on a sensory journey where you'll encounter an array of tantalizing native fruits and discover the intricate flavors cultivated in the Chiriquí highlands. Witness the tireless efforts of the seafaring fishermen as they set sail daily in pursuit of their livelihood, connecting you to the very essence of their labor. Delve into the world of coffee, where the coveted Geisha beans take center stage, and savor the magical elixir that's become a global sensation. Not to be overshadowed is the cacao, a gift from the New World, now meticulously crafted in Bocas del Toro and embraced by master bakers and pastry chefs worldwide. And, of course, indulge in the iconic Panamanian rum, a testament to the central provinces' sugarcane mastery, beckoning you to savor its exquisite notes. Through this delectable odyssey of flavors, we pay homage to the hands that grace our tables with these remarkable products and celebrate the profound cultural significance each of these tastes imparts.

**Included:** Transfer from your hotel, bilingual tour guide, and food and drink tasting

**Duration:** 6 hours

**What to Bring:** Comfortable shoes and sunscreen



# INDIGENOUS GUNAS HANDS ART TOUR

Mola, a traditional textile art typically crafted by Guna women, involves layering brightly colored fabrics, cutting, and sewing intricate patterns that often depict elements of nature, animals, plants, and geometric figures. Beyond its aesthetic appeal, Mola is a powerful means of storytelling, preserving and passing down knowledge through generations. It is a symbol of cultural identity with profound spiritual and social significance.



INDIGENOUS GUNAS HANDS ART TOUR



INDIGENOUS GUNAS HANDS ART TOUR





The tour begins at the Mola Museum, where guests will explore detailed exhibitions on the history and evolution of Mola art. The museum showcases a wide range of pieces, from the oldest examples to contemporary works, highlighting the creativity and skill of Guna artisans.

Following the museum visit, participants will attend a hands-on workshop to learn the techniques used in creating molas. Throughout the workshop, the significance of molas for the Guna community will be explained, offering valuable insights into their cultural importance.

The tour also provides an opportunity for guests to interact with members of the Guna community, gaining a deeper understanding of their lives and their connection to this unique art form.

Guests can purchase authentic molas directly from the artisans, supporting the local economy.

**Includes:** Transportation, bilingual guide, entrance fee, workshop.

**Duration:** 3.5 hours

## Tips from an expert:

- Lightweight and breathable clothing, sunscreen, and a hat are essential, especially if you plan to explore outdoor attractions.
- The official currency is the Panamanian Balboa however U.S. dollars are widely accepted.
- Panama City is relatively safe, but like any urban destination, it's essential to stay vigilant.
- Take the time to explore Casco Viejo's narrow streets and historic sites and enjoy the local cafes and restaurants.
- Visit the Panama Canal: A trip to Panama City wouldn't be complete without visiting the Panama Canal.
- Try Local Cuisine: Panama City offers a diverse range of culinary experiences.
- Respect Local Customs: Panama has a rich cultural heritage, and it's essential to respect local customs and traditions.

